



## In This Issue

[IPPS 2012 Board of Directors](#)

[The President's Perspective](#)

[Message from the Program Chairs](#)

[Save the Date!](#)

[Poster Abstract Winners](#)

[First World Congress](#)

[Thank You to Herman & Wallace](#)

[Find a Provider](#)

## Conference Photographs

Please visit [www.Cisco-photography.com](http://www.Cisco-photography.com) to view and purchase Cisco Chavez's professional photos from the conference!

Click on 'clients' and then enter the following information:

User Name: IPPS2012  
Password: Chicago

## The President's Perspective

Georgine Lamvu, MD, MPH

A brief report on the 2012 IPPS Annual Meeting:

This year's annual conference took place in October at the Chicago Palmer House Hilton. For those of you who did not get a chance to attend, it was a great conference with nearly 390 participants and standing room only! I am thrilled to report that even though we are going through these challenging economic times, our membership and conference attendance keeps growing at an average of 20% per year. This is an astonishing statistic and a testament to the dedication of our members.

Besides the attendance numbers, the next most impressive thing about the conference was the speakers. This year's talks ranged from mind body medicine to nutritional interventions to physical therapy and surgical interventions. The level of science presented was quite impressive, as was the energy of the speakers. I honestly don't remember having more fun at any of our other conferences. I also don't remember ever seeing one of our male speakers dressed...in a woman's dress...even though it was for fundraising purposes. In true IPPS fashion (no pun intended), our members cheered him on, and helped him raise more than \$5,600 for a charity to support the education of young, underprivileged African women. Witnessing the true nature and ever-giving spirit of our members was an experience that I will never forget.

The business of IPPS moves forward to 2013 on solid ground. Our finances are positive and our management company continues to work well on our behalf. The Board pledged to improve our website



## Contact Us

For questions or more information, please contact the IPPS Executive Office:

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## IPPS 2012 Board of Directors

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Fred M. Howard, MD, MS

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Georgine Lamvu, MD, MPH

#### Vice President

Stephanie Prendergast, MPT

#### Secretary

Sarah Fox, MD

#### Treasurer

Frank Tu, MD, MPH

#### Immediate Past President

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Michael Hibner, MD, PhD  
Andrea Rapkin, MD  
Howard T. Sharp, MD  
Amy Stein, MPT, BCB-PMD  
Denniz Zolnoun, MD, MPH

#### Advisory Board Members

and to broaden access to our members through social media such as Facebook and Twitter; you will be notified when those pages are up and running. The Board also agreed to increase IPPS committee membership and create new rules for the function and goals of each committee. For those of you who signed up, you will hear from me soon.



Board members hard at work

Lastly, at my presidential address I made a huge request for our members to engage in research, publish and be responsible for standardization of care for chronic pain patients. One week after the meeting I received countless emails from members who are planning to publish. One of those members was Peter Dornan from Australia! Since this year we had the largest international attendance ever, I decided to include a link to his paper, which you can find [here](#).

I do this because I want all of you to know how fortunate I am to have worked with you this past year. It has been an inspiring and tremendously fun experience. Thank you for selecting me as your president in 2012...and keep up the good work!

See you in Orlando on October 17, 2013.

Georgine Lamvu, MD, MPH  
IPPS President 2012

### Message from the 2012 Fall Program Chairs

Sawsan As-Sanie, MD, MPH  
Stephanie Prendergast, MPT

Stanley J. Antolak, Jr., MD  
James F. Carter, MD,  
FACOG  
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Beverly J. Collett, MD  
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**Associate Director**

Pam Murphy

We are absolutely thrilled to thank all involved with the 2012 IPPS Annual Scientific Meeting for creating our most successful meeting yet! The level of expertise, compassion and comradery amongst our 41 speakers and 390 audience members made this year's conference particularly powerful. It was unanimously inspirational to see everyone unite to discuss an interdisciplinary biopsychosocial model of medicine to improve the management of pelvic pain syndromes. IPPS President Georgine Lamvu started the meeting with astounding evidence that chronic pelvic pain is at epidemic proportions and shed light on research, the Vulvodynia registry, and channels for us to get involved in improving medicine for our suffering patients.

We were honored to hear Dr. Erkut Attar as our James E. Carter Memorial speaker discuss top-level management of endometriosis.

Additionally, we need to thank and recognize Dr. Attar for bringing awareness about pelvic pain to his home country of Turkey.



On Saturday, Dr. Lorimer Moseley dazzled us with an intelligent and clever C. Paul Perry Memorial lecture on the neurobiology of pain and how we as medical providers can improve functional outcomes for patients with pain. He continued this discussion at the extremely successful post-conference course, Explaining Pelvic Pain. The audience was delighted to watch Lorimer present his lectures in a dress to support an extremely important charity ([view here](#)) that the society raised \$5,600 for!! We are all touched by the generosity of our Society and the visual of Dr. Moseley's calves in that dress. Over 70 girls can now attend school in Sierra Leone, helping them improve their chances of a happy, healthy life free of the brutality associated with a lack of education.

The Program Committee is also deeply indebted to the amazing volunteer IPPS members who presented the pre-congress Basics Course, a comprehensive overview of the evaluation and management of the most common causes of chronic pelvic pain. Dr. Chelimsky started a great day with a thoughtful and refreshing review of the physiology of chronic pain. He provided a practical overview of how this knowledge helps us effectively evaluate and treat the patient we all see in our clinic every day-such as "Lori", a real example of a patient who suffers tremendously from daily pelvic pain. Drs. Witzeman, Shin and Hartmann then gave us a detailed and precise summary of the history and physical exam as the most important tool in evaluating our patients. The day then continued with

fantastic overviews of the most common causes of pelvic pain. Our greatest thanks go to Dr. Frank Tu, who kindly filled in for an unavailable speaker. Although he claims to have little expertise in vulvar pain, his fantastic lecture proved otherwise! Two additional highlights include Dr. Seidhoff and Dr. Castellanos, who provided interesting and informative videos on procedural management of pain, including surgical excision of endometriosis and ultrasound-guided anesthetic blocks for common, but under-diagnosed, peripheral neuropathies. The day ended with very practical and useful tips from both Drs. Sarah Fox and Devon Shuchman on the holistic approach to managing chronic pain.

This year, our basics course, scientific program and post-conference workshop impressed upon us the common theme of integrating central nervous system management into our treatment protocols. This year's audience in particular currently leads the field of pelvic pain. We regularly identify and treat end-organ disease, myofascial dysfunction, neuropathic pain and the psyche of our patients. Several of our brilliant speakers took us from bench to bedside, further improving identification and treatment approaches of these peripheral impairments. The expert speakers then directed us inward to really examine pelvic pain syndromes as a global central nervous system issue.

We must commend Dana Hayden on her impressive lecture on the Acute Anus, complete with visuals that we are all trying to forget. Following our ever-popular Friday night cocktail reception we can applaud the 100 students that completed Leslie Howard's fantastic yoga class at 6:15 Saturday morning!

Our exhibit hall was bustling with the highest number of abstracts we have ever received at 47. The abstracts were extremely well done and also drew our members in to visit our exhibitors. Our sponsors were particularly exciting this year with great products, groups, authors and ways to improve our day-to-day clinical practice. We thank our poster presenters and exhibitors for their contributions!

As always, the IPPS was a venue to meet new colleagues, reunite with old and expand our knowledge. We left optimistic and challenged. We are looking forward to welcoming everyone to Orlando next year to continue to the conversation and collaboration!

**SAVE THE DATE!**

## **IPPS 2013 Annual Fall Meeting**

**October 17 - 19, 2013  
The Peabody Orlando  
Orlando, Florida**



## 2012 IPPS Annual Meeting - Poster Abstract Winners

### Award-Winning Posters:

Poster # 25 - Reliability and Reproducibility of Novel Methodology for Assessment of Pressure Pain Sensitivity in the Pelvic Region  
*Denniz Zolnoun, MD, MPH*

Poster #22 - Oppera Study Identifies An Association Between the Use of Hormonal Contraceptives and Orofacial Pain and Headaches.  
*Eric Bair, MD*

### Honorable Mention:

Poster #17 - Severity of Dysmenorrhea is Correlated with Overall Elevated Pain Report  
*Frank Tu, MD, MPH*

Click [here](#) to view the 2012 IPPS Annual Meeting Program Book, which includes the PowerPoint slides that were submitted. You may view the Post-Course "Explain Pain" presentation slides [here](#).

## First World Congress on Abdominal and Pelvic Pain

Please click [here](#) to view and register for the First World Congress on Abdominal and Pelvic Pain. This is a joint meeting of the SIG Pain of Urogenital Origin, the IPPS and Convergences of Pelvi-perineal Pain. Experts from around the world are presenting state-of-the-art lectures and evidence for advancing our field. This is a meeting you DON'T want to miss!

**The IPPS would like to thank Herman and Wallace for contributing to a successful conference!**

[Herman & Wallace Pelvic Rehabilitation Institute](#) provides excellent, evidence-based continuing education courses for medical professionals seeking to improve their practice skills for the treatment of pelvic floor and pelvic girdle dysfunction. Our courses instruct on skills that are immediately applicable in a clinical setting.

The Institute was founded in 2006 by Holly Herman, DPT, PT, OCS, BCB-PMD, and Kathe Wallace, PT, BCB-PMD, who have been teaching together since 1993 and are recognized experts in the field of pelvic floor dysfunction. Herman & Wallace courses are targeted to physical therapists, physical therapist assistants, occupational therapists, occupational therapist assistants, nurse practitioners, registered nurses, physician assistants and physicians.

### **Find a Provider**

Are you currently listed in the Find a Provider feature on the IPPS website? If you would like to be included or want to update your information, please email IPPS at [info@pelvicpain.org](mailto:info@pelvicpain.org).

### **Call for IPPS VISION E-Newsletter Contributions**

If you wish to contribute an article or column to the newsletter, would like to submit information regarding job prospects, pelvic pain announcements or have comments about the newsletter, please email Maura Sage at [maura@wjweiser.com](mailto:maura@wjweiser.com).