

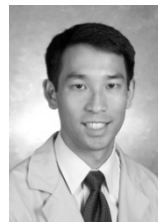
**INTERNATIONAL PELVIC PAIN SOCIETY**  
**18<sup>th</sup> Annual Scientific Meeting on Chronic Pelvic Pain**  
*Re-Thinking Chronic Pelvic Pain Evaluation and Management*  
October 21 – 24, 2010 • Chicago, Illinois

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President Richard P. Marvel, MD, welcomes you to the  
IPPS 18<sup>th</sup> Annual Scientific Meeting on Chronic Pelvic Pain

**PROGRAM CHAIRS**



**INTERNATIONAL PELVIC PAIN SOCIETY**  
**18<sup>th</sup> Annual Scientific Meeting on Chronic Pelvic Pain**  
***Re-Thinking Chronic Pelvic Pain Evaluation and Management***  
October 21 – 24, 2010 • Chicago, Illinois

## **Re-Thinking Chronic Pelvic Pain Evaluation and Management**

### **Course Description**

The 18th Annual Scientific Meeting has been designed to provide a thorough overview on the evaluation and management of chronic pelvic pain disorders. The meeting emphasizes the multidisciplinary and collaborative approach to the management of chronic pelvic pain. Presentations will combine research findings and clinical care recommendations important to the care of women and men afflicted by chronic pelvic pain. For providers who need a more broad understanding of pelvic neuroanatomy, physiology and available treatments, additional workshops will provide a more basic overview of the evaluation of chronic pelvic pain.

### **Needs Statement**

It is known that millions of patients suffer with disorders that cause chronic pelvic pain. The social, psychological and financial costs associated with treatments of these disorders are enormous. Yet, less than 10 percent of patients are receiving care from a provider trained in management of chronic pain disorders. Many patients endure being misdiagnosed or receiving inappropriate treatment because of the practitioner's lack of knowledge on this subject. Unless practitioners and researchers are educated about factors that affect patient care, treatment outcomes and research in chronic pelvic pain disorders, it is likely that patients with chronic pelvic pain will continue to lack appropriate treatment in the future. Furthermore, without exchange of clinical and research information across all disciplines encompassing the treatment of chronic pelvic pain, advances in treatment options for these patients will not be possible.

### **Course Objectives**

Upon completion of the activity, participants should be able to improve patients' outcomes by being able to:

- Describe the neurobiological and psychosocial factors affecting patients with chronic pelvic pain disorders
- Identify the contributions of the gastrointestinal, urological, musculoskeletal and central nervous systems to the development of chronic pelvic pain
- Evaluate the current status of chronic pelvic pain in the community and when appropriate referral should be made
- Describe available treatment options for disorders of female and male chronic pelvic pain including irritable bowel syndrome, interstitial cystitis, and myofascial pain syndromes
- Identify the necessary steps in the establishment of multidisciplinary pain treatment teams
- Create a referral network for resources specific to the needs of patients with chronic pelvic pain.
- Identify the importance of the changing environment of the healthcare provider/patient relationship

**CME Accreditation Statement**

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the University of Oklahoma College of Medicine and the International Pelvic Pain Society. The University of Oklahoma College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Oklahoma College of Medicine designates this educational activity for a maximum of **14.25 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Conflict Resolution Statement**

The University of Oklahoma College of Medicine, Office of Continuing Medical Education has reviewed this activity's speaker and planner disclosures and resolved all identified conflicts of interest, if applicable.

**CE Accreditation Statement**

The Illinois Chapter Continuing Education Committee of the Illinois Physical Therapy Association (IPTA) has certified that this course meets the criteria for approval of Continuing Education offerings established by IPTA. The course, *An Introduction to Visceral Manipulation*, has been accredited for a maximum of four (4) Continuing Education hours. Attendees who reside in a state other than Illinois should inquire with their state board regarding acceptance of Illinois accreditation.

**General Disclaimer**

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**Special Assistance**

We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you. Call (847) 517-8712 if you require special assistance to fully participate in the meeting.



## Thanks to Our 2010 Diamond Level Industry Partners



## Thanks to Our 2010 Exhibitors

*(as of 10/11/2010)*

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## Thanks to Our 2010 Educational Grant Providers

Astellas Pharma US, Inc.

## **2010 Contributors to IPPS**

### **IPPS C. Paul Perry Education Fund**

Alex Childs, MD  
Jennifer Demora  
Sarah Fox, MD (In memoriam of Sheryl Bernstein)  
Richard P. Marvel, MD  
Anonymous Donor from Beyond Basics Physical Therapy

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**INTERNATIONAL PELVIC PAIN SOCIETY**  
**18<sup>th</sup> Annual Scientific Meeting on Chronic Pelvic Pain**  
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**INTERNATIONAL PELVIC PAIN SOCIETY**  
**18<sup>th</sup> Annual Scientific Meeting on Chronic Pelvic Pain**  
**October 21 – 24, 2010 • Chicago, Illinois**

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**INTERNATIONAL PELVIC PAIN SOCIETY**  
**18<sup>th</sup> Annual Scientific Meeting on Chronic Pelvic Pain**  
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## Program Schedule

Corporate functions many not be held concurrently with official IPPS scientific or social functions. Any function, regardless of size or location, must be approved first by IPPS grants department. Please contact Donna Kelly at (847) 517-8712 if you have any questions.

### Thursday, October 21, 2010

#### Basics Course for General Gynecologists, Nurses and Residents

*All sessions will be located in the Adams Ballroom unless otherwise noted.*

#### **OPENING SESSION**

Moderated by Georgine Lamvu, MD, MPH, FACOG, and Frank Tu, MD, MPH

**11:00 a.m. – 6:00 p.m.**                      **Registration/Information Desk**  
*Location: 6<sup>th</sup> Floor Registration Area*

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**1:00 p.m. – 1:20 p.m.**                      **Anatomy Overview**  
Bradford Fenton, MD  
Summa Health System  
Akron, OH

**1:20 p.m. – 1:40 p.m.**                      **Why and How to Evaluate Chronic Female Pelvic Pain**  
Robert Echenberg, MD  
Women's Health, Pelvic Pain & Sexual Wellness  
Bethlehem, PA

**1:40 p.m. – 2:00 p.m.**                      **Visceral Pain – IBS/IC**  
Frank Tu, MD, MPH  
North Shore University Health System  
Evanston, IL

**2:00 p.m. – 2:20 p.m.**                      **Break**

**2:20 p.m. – 2:40 p.m.**                      **Vulvar Pain**  
Howard T. Sharp, MD, FACOG  
University of Utah School of Medicine  
Salt Lake City, UT



## Thursday, October 21, 2010

- 2:40 p.m. – 3:00 p.m.      **Nursing and Office Management**  
Georgine Lamvu, MD, MPH, FACOG  
Florida Hospital, Orlando  
Orlando, FL
- 3:00 p.m. – 3:20 p.m.      **Surgical Management**  
Michael Hibner, MD, PhD  
St. Joseph's Hospital & Medical Center  
Phoenix, AZ
- 3:20 p.m. – 3:40 p.m.      **Break**
- 3:40 p.m. – 4:00 p.m.      **Medical and Complementary Management of Chronic Pelvic Pain**  
Sarah Fox, MD  
Women & Infants Hospital of Rhode Island  
Providence, RI
- 4:00 p.m. – 4:20 p.m.      **Endometriosis**  
Sawsan As-Sanie, MD, MPH  
University of Michigan  
Ann Arbor, MI
- 4:20 p.m. – 4:40 p.m.      **Musculoskeletal Disorders and the Role of Manual Medicine**  
Colleen Fitzgerald, MD  
Rehabilitation Institute of Chicago  
Chicago, IL
- 6:00 p.m. – 9:00 p.m.      **IPPS Board of Directors Dinner & Meeting**  
*Location: Price Room*

## Friday, October 22, 2010

### **Re-Thinking Chronic Pelvic Pain Evaluation and Management**

*All sessions will be located in the Adams Ballroom unless otherwise noted.*

#### **OPENING SESSION**

- 7:00 a.m. – 4:00 p.m.      **Exhibit Hours**  
*Location: Monroe Ballroom*
- 7:00 a.m. – 5:00 p.m.      **Registration/Information Desk**  
*Location: 6th Floor Registration Area*
-

**Friday, October 22, 2010**

**7:00 a.m. – 7:50 a.m.**                    **Breakfast in Exhibit Hall**  
*Location: Monroe Ballroom*

**7:50 a.m. – 8:00 a.m.**                    **Welcome and Announcements**  
Georgine Lamvu, MD, MPH, FACOG  
Frank Tu, MD, MPH  
Program Chairs

**I. RETHINKING HOW TO TREAT PELVIC PAIN BY TARGETING THE CENTRAL NERVOUS SYSTEM**

**8:00 a.m. – 8:10 a.m.**                    **Presidential Address**  
Richard P. Marvel, MD  
The Center for Pelvic Pain at GBMC  
Baltimore, MD

**8:10 a.m. – 9:05 a.m.**                    **James E. Carter Memorial Lecture: A Proposal for Central  
Modulatory Contributions to Persistent Bladder Pain**  
Moderator:     Richard P. Marvel, MD  
Speaker:        Peggy Mason, PhD  
                      University of Chicago  
                      Chicago, IL

**9:05 a.m. – 10:00 a.m.**                    **Chronic Pelvic Pain: Early-Life Residues and a Path of Redemption**  
Moderator:     Frank Tu, MD, MPH  
Speaker:        Elie D. Al-Chaer, MS, PhD, JD  
                      University of Arkansas for Medical Sciences; Center  
                      for Pain Research  
                      Little Rock, AR

**10:00 a.m. – 10:45 a.m.**                    **Break in Exhibit Hall/Poster Viewing**  
*Location: Monroe Ballroom*

**II. ALTERNATIVE CONSIDERATIONS IN PAIN MANAGEMENT**

**10:45 a.m. – 11:40 a.m.**                    **Hypnosis for IBS**  
Moderator:     Georgine Lamvu, MD, MPH, FACOG  
Speaker:        Laurie Keefer, PhD  
                      Northwestern University  
                      Evanston, IL

Friday, October 22, 2010

### **III. WHAT WOMEN'S HEALTH PRACTITIONERS NEED TO KNOW ABOUT THE OTHER PELVIC STRUCTURES**

Moderated by Sawsan As-Sanie, MD, MPH

**11:40 a.m. – 12:35 p.m.      Male Pelvic Pain**  
J. Quentin Clemens, MD  
University of Michigan Medical Center  
Ann Arbor, MI

**12:35 p.m. – 12:50 p.m.      Pick Up Boxed Lunch in Foyer**

<b>12:50 p.m. – 2:05 p.m.      Industry Sponsored Lunch*</b> Funding Provided by Abbott <b>Endometriosis: Prevalence, Diagnosis, Treatment Options and Counseling</b> <i>Location: Adams Ballroom</i> Speaker: Fred M. Howard, MD, MS, FACOG University of Rochester School of Medicine & Dentistry Rochester, NY <i>*You will need to leave the room to sign in and get your boxed lunch</i>
--

### **IV. ENDOMETRIOSIS AND HORMONALLY SENSITIVE PAIN CONDITIONS: THE THINKING CLINICIAN'S GUIDE TO HORMONAL MANIPULATIONS – Part 1**

Moderated by Sawsan As-Sanie, MD, MPH

**2:05 p.m. – 3:00 p.m.      How Endometrial Biology Influences Pelvic Pain**  
Dan Lebovic, MD, MA  
University of Wisconsin  
Madison, WI

### **V. ONGOING RESEARCH INTO PELVIC PAIN UPDATE**

Moderated by Fred Howard, MD, MS, FACOG

**3:00 p.m. – 3:45 p.m.      NIH Multidisciplinary Approach to Pelvic Pain (MAPP) Update 1**  
David Klumpp, PhD  
Northwestern University; Feinberg School of Medicine, Dept. of Urology  
Chicago, IL

**3:45 p.m. – 4:00 p.m.      Break in Exhibit Hall/Poster Viewing**  
*Location: Monroe Ballroom*

**Friday, October 22, 2010**

- 4:00 p.m. – 4:45 p.m.      **NIH Multidisciplinary Approach to Pelvic Pain (MAPP) Update 2**  
A. Vania Apkarian, PhD  
Northwestern University; Feinberg School of Medicine, Dept. of  
Anesthesiology  
Chicago, IL
- 4:45 p.m. – 5:00 p.m.      **Q&A**
- 6:00 p.m. – 7:30 p.m.      **Welcome Reception in Exhibit Hall**

**Saturday, October 23, 2010**

**Re-Thinking Chronic Pelvic Pain Evaluation and Management**  
*All sessions will be located in the Adams Ballroom unless otherwise noted.*

**OPENING SESSION**

- 7:00 a.m. – 1:45 p.m.      **Exhibit Hours**  
*Location: Monroe Ballroom*
- 7:00 a.m. – 4:30 p.m.      **Registration/Information Desk**  
*Location: 6th Floor Registration Area*
- 
- 7:00 a.m. – 7:50 a.m.      **Continental Breakfast in Exhibit Hall**  
*Location: Monroe Ballroom*
- 7:50 a.m. – 8:00 a.m.      **Welcome and Announcements**  
Georgine Lamvu, MD, MPH, FACOG  
Frank Tu, MD, MPH  
Program Chairs

**VI. NEUROMUSCULOSKELETAL MANIPULATION IN PELVIC PAIN THERAPY – Part 1**

Moderated by Richard P. Marvel, MD

- 8:00 a.m. – 8:55 a.m.      **C. Paul Perry Memorial Lecture: Peripheral Nerve Decompression in the Management of Groin Pain**  
A. Lee Dellon, MD, PhD  
Johns Hopkins University  
Baltimore, MD

Saturday, October 23, 2010

**VII. ENDOMETRIOSIS AND HORMONALLY SENSITIVE PAIN CONDITIONS: THE THINKING CLINICIAN'S GUIDE TO HORMONAL MANIPULATIONS – Part 2**

Moderated by Frank Tu, MD, MPH

**8:55 a.m. – 9:50 a.m.**                      **How Sex Hormones Influence Pain Sensitivity/Experience**  
Margaret M. Heitkemper, RN, PhD, FAAN  
University of Washington  
Seattle, WA

**9:50 a.m. – 10:35 a.m.**                      **Break in Exhibit Hall**  
*Location: Monroe Ballroom*

**VIII. NEUROMUSCULOSKELETAL MANIPULATION IN PELVIC PAIN THERAPY – Part 2**

Moderated by Susan Parker, PT

**10:35 a.m. – 11:05 a.m.**                      **Defining Connective Tissue Dysfunction and Neural Dynamics in Myofascial Pelvic Pain**  
Stephanie Prendergast, MPT  
Pelvic Health and Rehabilitation Center  
San Francisco, CA

**11:05 a.m. – 11:35 a.m.**                      **Treatment of Trigger Points in PBS – A NIDDK-Funded Study**  
Rhonda K. Kotarinos, PT, MS  
Rhonda Kotarinos Physical Therapy, LTD  
Oakbrook Terrace, IL

**IX. WHAT WOMEN'S HEALTH PRACTITIONERS NEED TO KNOW ABOUT THE OTHER PELVIC STRUCTURES – Part 2**

Moderated by Susan Parker, PT

**11:35 a.m. – 12:05 p.m.**                      **The Relationship between Hip Disorders and Pelvic Pain**  
Stacey Futterman, MPT  
Beyond Basics Physical Therapy  
New York, NY  
Deborah Coady, MD  
Soho Obstetrics & Gynecology, PC  
New York, NY

**Saturday, October 23, 2010**

- 12:05 p.m. – 12:15 p.m.      **Q&A**
- 12:15 p.m. – 1:45 p.m.      **Lunch & Poster Viewing in Exhibit Hall**  
*Location: Monroe Ballroom and Water Tower Parlor*
- 1:45 p.m. – 2:40 p.m.      **Neuromodulation Techniques and IC/IBS**  
Moderator:      Maurice K. Chung, RPh, MD, FACOG, ACGE  
Speaker:          Charles W. Butrick, MD  
   Urogynecology Center LLC  
   Overland Park, KS
- 2:40 p.m. – 3:00 p.m.      **Break**  
*Location: Monroe Ballroom*
- 3:00 p.m. – 3:20 p.m.      **Meeting Awards**  
*Location: Adams Ballroom*
- 3:20 p.m. – 3:40 p.m.      **Closing Remarks**
- 3:40 p.m. – 4:15 p.m.      **Annual Business Meeting**  
*Location: Adams Ballroom*

**Sunday, October 24, 2010**

**IPPS Physical Therapy Workshop**  
*An Introduction to Visceral Manipulation*  
*Location: Rehabilitation Institute of Chicago*  
*345 E. Superior Street*  
*Chicago, IL 60611*

**Program Chairs:**          Georgine Lamvu, MD, MPH, FACOG  
   Florida Hospital Orlando  
   Frank Tu, MD, MPH  
   North Shore University Health System

**Program Co-Chair:**      Stephanie Prendergast, MPT  
   Pelvic Health and Rehabilitation Center  
   San Francisco, CA

**\*Special Thanks to RIC’s Colleen Fitzgerald, MD, and Suzanne Badillo, PT, WCS, for their much-appreciated help in the coordination of this course and the use of their facilities.**

**Sunday, October 24, 2010**

**Workshop Description**

An informative and practical lecture presented by Dee Hartmann, DPT, on anatomy, physiology, and principals of visceral manipulation and its use in patients with chronic pelvic pain.

<b>7:30 a.m. – 8:00 a.m.</b>	<b>Registration / Refreshments</b>
<b>8:00 a.m. – 8:10 a.m.</b>	<b>Welcome and Announcements</b>
<b>8:10 a.m. – 10:00 a.m.</b>	<b>An Introduction to Visceral Manipulation – Part 1</b>
<b>10:00 a.m. – 10:15 a.m.</b>	<b>Break</b>
<b>10:15 a.m. – 12:00 p.m.</b>	<b>An Introduction to Visceral Manipulation – Part 2</b>

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