

INTERNATIONAL PELVIC PAIN SOCIETY
2011 IPPS Annual Fall Meeting on Pelvic Pain:
Embracing the Mind-Body Continuum to Achieve Optimal Management
of Chronic Pelvic Pain Disorders
October 20 – 23, 2011 • Las Vegas, Nevada

	<u>Page #</u>
Course Description.....	3
Needs Statement	3
Objectives.....	3
Accreditation Statement.....	4
Conflict Resolution Statement.....	4
General Disclaimer.....	4
Special Assistance	5
Thank You to Promotional Partners & Exhibitors	6
IPPS Board of Directors	7
Faculty Listing.....	8
Program Schedule	10
Biosketches.....	18
Abstracts	30
Presentations.....	61



President Maurice K. Chung, RPh, MD, FACOG, ACGE, welcomes you to the 2011 IPPS Annual Fall Meeting on Pelvic Pain

The two things often stated to be guaranteed in life are death and taxes. However, I strongly believe a third is change; it is the manner in which we recognize, embrace and utilize change that leads us to excel. As I look back on this past year and the obstacles that we have overcome, I want to thank the International Pelvic Pain Society board members for their support in weathering the changes that are needed to continue the stability and growth of this organization. As physicians pushing the horizons of the medical field, I am sure we have all faced challenges that, although initially frustrating, made us stronger and more experienced.

I faced such challenges when I began my practice 20 years ago in Lima, OH. In the very early 90s I began diagnosing women who came to me complaining of pelvic pain with endometriosis, and with the techniques I learned from Dr. Camren Nezhat, I treated these women by lasering the endometriosis through laparoscopy. However, my colleagues in the local medical community not only did not use Laser, they also did not

believe that all these women had endometriosis and demanded that I stop lasering the endometriosis (the standard practice at the time) and excise the endometriosis to confirm its diagnosis by pathology. While the extra scrutiny was unfounded and wearisome, I became a more skilled laparoscopist and can now thank my colleagues that doubted me because excisional laparoscopy later became the better treatment option for endometriosis.

As I continued to perform laparoscopy and excise endometriosis for chronic pelvic pain, I realized that my patients would return to me after a period of time with the same pain I thought I was treating. After much time spent learning from researchers, other physicians and physical therapists, I concluded that many years of medical schooling and subsequent training were not enough to help me provide adequate treatments to help these women. I had to begin thinking "outside of the box" to treat these patients for the pain they were experiencing. First, I noted the overlap in overactive bladder and interstitial cystitis in patients with voiding dysfunction. Then, I found that patients with chronic pelvic pain had endometriosis and interstitial cystitis, a condition I termed the "evil twins." Thus, *I see you see, you don't see the IC I see* was implemented into my practice. Ten years ago, interstitial cystitis or painful bladder syndrome was not widely recognized and my local medical community often questioned my diagnosis and treatments. Today, after much campaigning, it is a commonly accepted diagnosis and many women are finding relief for their symptoms. As fulfilling as it was to find a disease that could be treated, I knew that it was not the only explanation for chronic pelvic pain. Currently, my research has shown that pudendal neuralgia is one of the "evil triplets" that should also be considered when patients present with chronic pelvic pain.

I have had many mentors in my career, two of which were the founders of IPPS: James Carter and Paul Perry. In their impactful lives here on earth they made a difference by taking the "road less traveled" and thinking beyond their comfort zone. These pioneers were confronted daily for their non-medical textbook treatments. Yet, at the end of the day, the most important thing was that their patients were improving.

When following this less traveled pathway, I have incurred criticism and doubt from my colleagues. This did not deter me from altering my practice or from seeking out new treatments. I challenge all of us who encounter obstacles and difficult colleagues in all areas of the medical field to first listen to your patients and understand what they are really trying to tell us. Go back to the basics of medical treatment options and think of the human anatomy as a whole with all parts connected to one circuit. It is vitally important for us to open our eyes, ears and mind because "the eye doesn't see what the mind does not know; what the eye doesn't see and the mind doesn't know, doesn't exist." --- Lady Chatterly's Lover - D.H. Lawrence

PROGRAM CHAIRS



Georgine Lamvu, MD, MPH, FACOG



Frank Tu, MD, MPH

INTERNATIONAL PELVIC PAIN SOCIETY
2011 IPPS Annual Fall Meeting on Pelvic Pain:
Embracing the Mind-Body Continuum to Achieve Optimal Management of
Chronic Pelvic Pain Disorders
October 20 – 23, 2011 • Las Vegas, Nevada

Course Description

The 19th Annual Scientific Meeting has been designed to provide a thorough overview on the evaluation and management of chronic pelvic pain disorders. The meeting emphasizes the multidisciplinary and collaborative approach to the management of chronic pelvic pain. Presentations will combine research findings and clinical care recommendations important to the care of women and men afflicted by chronic pelvic pain. For providers who need a broader understanding of musculoskeletal, neurological and visceral causes of pelvic pain and available multidimensional treatments, additional workshops will provide a more basic overview of the evaluation of chronic pelvic pain.

Target Audience

Gynecologists, physical therapists, urologists, primary care providers, nurses, surgeons, anesthesiologists, neurologists, psychiatrists, neuroscientists.

Needs Statement

It is known that millions of patients suffer with disorders that cause chronic pelvic pain. The social, psychological and financial costs associated with treatments of these disorders are enormous. Yet, less than 10 percent of patients are receiving care from a provider trained in management of chronic pain disorders. Many patients endure being misdiagnosed or receiving inappropriate treatment because of the practitioner's lack of knowledge on this subject. Unless practitioners and researchers are educated about factors that affect patient care, treatment outcomes and research in chronic pelvic pain disorders, it is likely that patients with chronic pelvic pain will continue to lack appropriate treatment in the future. Furthermore, without exchange of clinical and research information across all disciplines encompassing the treatment of chronic pelvic pain, advances in treatment options for these patients will not be possible.

Course Objectives

At the completion of the course, attendees should be able to:

- Describe the neurobiologic and psychosocial factors affecting patients with chronic pelvic pain disorders, focusing especially on emerging areas of study involving patient

reported outcomes, brain activation studies and holistic approaches embracing mind, diet and traditional chronic pain regimens used outside of pelvic pain.

- Recognize the contributions of the gastrointestinal, urologic, musculoskeletal, reproductive and central nervous systems to the development of chronic pelvic pain.
- Describe available treatment options for some of the most enigmatic and likely overlapping presentations of female and male chronic pelvic pain particularly focused on reversing visceral organ hypersensitivity, peripheral nerve entrapment, mechanical/fascial impairments and severe endometriosis.

Accreditation Statement

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the University of Oklahoma College of Medicine and the International Pelvic Pain Society. The University of Oklahoma College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Oklahoma College of Medicine designates this live activity for a maximum of **19.50 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Conflict Resolution Statement

The University of Oklahoma College Of Medicine, Office of Continuing Professional Development has reviewed this activity's speaker and planner disclosures and resolved all identified conflicts of interest, if applicable.

Equal Opportunity Statement

The University of Oklahoma is an equal opportunity institution.

CE Accreditation Statement

The Illinois Chapter Continuing Education Committee of the Illinois Physical Therapy Association (IPTA) has certified that this course meets the criteria for approval of Continuing Education offerings established by IPTA. The course, An Introduction to Visceral Manipulation, has been accredited for a maximum of four (4) Continuing Education hours. Attendees who reside in a state other than Illinois should inquire with their state board regarding acceptance of Illinois accreditation.

General Disclaimer

The statements and opinions contained in this program are solely those of the individual authors and contributors and not of the IPPS. The appearance of the advertisements is not a warranty, endorsement, or approval of the products or services advertised or of their effectiveness, quality, or safety. The content of this publication may contain discussion of off-label uses of some of the agents mentioned. Please consult the prescribing information for full disclosure of approved uses. The IPPS disclaims responsibility for any injury to persons or property resulting from any ideas or products referred to in the abstracts or advertisements.

Special Assistance

We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you. Call (847) 517-8712 if you require special assistance to fully participate in the meeting.

Industry Sponsored Event

FRIDAY, OCTOBER 21, 2011

12:30 p.m. – 2:00 p.m.

**Industry Sponsored Lunch
“Gonadotropin-Releasing Hormone
Agonists for Endometriosis”**

Fred Howard, MD
Strong Memorial Hospital
Rochester, NY
Highland Hospital
Rochester, NY

Sponsor: Abbott Laboratories

Thanks to Our 2011 Promotional Partners

Platinum Level

Abbott Laboratories

Thanks to Our 2011 Exhibitors

(as of 9/13/2011)

Abbott Laboratories

Desert Harvest

Elsevier

Mission Pharmacal Company

T-Doc Company, LLC

2011 Contributors to IPPS

IPPS C. Paul Perry Education Fund

Alex Childs

Amy Stein

Anonymous Donor from Beyond Basic Physical Therapy

Member Contributions

Ahmed Abdel-Gadir

Isa Herrera

Kenneth A. Levey

Amy Stein

INTERNATIONAL PELVIC PAIN SOCIETY
2011 IPPS Annual Fall Meeting on Pelvic Pain:
Embracing the Mind-Body Continuum to Achieve Optimal Management of
Chronic Pelvic Pain Disorders
October 20 – 23, 2011 • Las Vegas, Nevada

2011 – 2012 IPPS Board of Directors

OFFICERS

Chairman of the Board

Fred M. Howard, MD, MS, FACOG

President

Maurice K. Chung, RPh, MD, FACOG, ACGE

Vice President

Georgine Lamvu, MD, MPH, FACOG

Treasurer

Stephanie Prendergast, MPT

Secretary

Frank Tu, MD, MPH

Past President

Richard P. Marvel, MD

BOARD OF DIRECTORS

International Director

Juan Diego Villegas-Echeverri, MD

Directors

Sawsan As-Sanie, MD, MPH

Charles W. Butrick, MD

Andrea Rapkin, MD

Sarah Fox, MD

Michael Hibner, MD, PhD

Howard T. Sharp, MD, FACOG

John Steege, MD

Amy Stein, MPT, BCB-PMD

Advisory Board Members

Stanley J. Antolak, Jr., MD

Rollin W. Bearss, MD

James F. Carter, MD, FACOG

Margaret A. Coffman, MSN, ARNP

Beverly J. Collett, MD

Melissa Kubic, PT

Susan Parker, PT

John C. Slocumb, MD, SMH

Jerome M. Weiss, MD

Executive Director

Wendy J. Weiser

Managing Director

Sue O'Sullivan

Associate Director

Nathan Zastrow

INTERNATIONAL PELVIC PAIN SOCIETY
2011 IPPS Annual Fall Meeting on Pelvic Pain:
Embracing the Mind-Body Continuum to Achieve Optimal Management of
Chronic Pelvic Pain Disorders
October 20 – 23, 2011 • Las Vegas, Nevada

Faculty Listing

Sawsan As-Sanie, MD, MPH

University of Michigan
Ann Arbor, MI

Tina Baum, PT, ATC, CLT

Las Vegas, NV

Irv M. Binik, PhD

McGill University
Montreal, QC

C. Richard Chapman, PhD

Pain Research Center
University of Utah
Salt Lake City, UT

Maurice K. Chung, RPh, MD, FACOG, ACGE

Alliances for Women's Health, Inc.
Midwest Regional Ctr. for Pelvic Pain &
Bladder Control
Lima, OH

A. Lee Dellon, MD, PhD

Johns Hopkins University
Baltimore, MD

Nita Desai, MD

St. Joseph's Hospital & Medical Center
Phoenix, AZ

Ragi Deggweiler, MD, ABHM

University of Tennessee
Division of Urology
Knoxville, TN

Thomas W. Findley, MD, PhD

Northern New Jersey Pain & Rehabilitation
Hackensack, NJ

Ellen Flynn, MD

Women's Medicine Collaborative
Providence, RI

Sarah Fox, MD

Women & Infants' Hospital of Rhode Island
Providence, RI

Nel E. Gerig, MD

Denver Urology Clinic, PC
Denver, CO

James Griffith, PhD

Northwestern Univ. Feinberg School of Medicine
Dept. of Medical Social Sciences
Chicago, IL

Jerry Hesch, MHS, PT

Hesch Institute
Henderson, NV

Michael Hibner, MD, PhD

St. Joseph's Hospital & Medical Center
Phoenix, AZ

Amy Rejba Hoffmann, CRNP, MSN

Pelvic & Sexual Health Institute
Philadelphia, PA

Fred M. Howard, MD, MS, FACOG

Univ. of Rochester School of Medicine & Dentistry
Rochester, NY

Elisabeth Johnson, FNP

UNC School of Medicine
Dept. of Obstetrics and Gynecology
Chapel Hill, NC

Charles H. Koh, MD, FRCOG, FACOG

Reproductive Specialty Center
Columbia – St. Mary's Hospital Medical Arts Bldg.
Milwaukee, WI

Georgine Lamvu, MD, MPH, FACOG

Florida Hospital Orlando
Advanced Minimally Invasive Surgery
& Gynecology
Orlando, FL

Emeran Mayer, MD

Center for Neurobiology of Stress
Los Angeles, CA

C. Matthew Peterson, MD

University of Utah School of Medicine
Dept. of Obstetrics and Gynecology
Salt Lake City, UT

Stephanie Prendergast, MPT

Pelvic Health and Rehabilitation Center
San Francisco, CA

Andrea Rapkin, MD

UCLA School of Medicine
Los Angeles, CA

Dawn Sandalcidi, PT, RCMT, BCB-PMD

Physical Therapy Specialists
Centennial, CO

Amy Stein, MPT, BCB-PMD

Beyond Basics Physical Therapy
New York, NY

Sarah P. Talley, MSPT

CAWH Physical Therapy
Raleigh, NC

Frank Tu, MD, MPH

North Shore University Health System
Evanston, IL

Alain Watier, MD

Centre Hospitalier Universitaire Sherbrooke
Sherbrooke, PQ J1G 2E8
Canada

Emily Wegmann, MPT, OCS

CAWH Physical Therapy
Raleigh, NC

Denniz Zolnoun, MD, MPH

University of North Carolina
Dept. of OB-GYN
Chapel Hill, NC

Copyright Notice

Individuals may print out single copies of abstracts or slides contained in this publication for personal, non-commercial use without obtaining permission from the author or the IPPS. Permission from both the IPPS and the author must be obtained when making multiple copies for personal or educational use, for reproduction for advertising or promotional purposes, for creating new collective works, for resale or for all other uses.

Filming/Photography Statement

No attendee/visitor at the 2011 IPPS Annual Meeting on Chronic Pelvic Pain may record, film, tape, photograph, interview, or use any other such media during any presentation, display, or exhibit without the express, advance approval of the IPPS Executive Director. This policy applies to all IPPS members, non-members, guests, and exhibitors, as well as members of the print, online, or broadcast media.

INTERNATIONAL PELVIC PAIN SOCIETY
2011 IPPS Annual Fall Meeting on Pelvic Pain:
Embracing the Mind-Body Continuum to Achieve Optimal Management of
Chronic Pelvic Pain Disorders
October 20 – 23, 2011 • Las Vegas, Nevada

Program Schedule

Thursday, October 20, 2011

Basics Course & Case Studies for General Gynecologists, Nurses and Residents

All sessions will be located in Congress Center Level 1: Casanova 506-7 and 606-7 unless otherwise noted.

- 7:00 a.m. – 8:00 a.m. **Continental Breakfast**
Location: Congress Center Level 1: Casanova Foyer
- 7:00 a.m. – 6:00 p.m. **Registration/Information Desk Open**
Location: Congress Center Level 1 Registration

-
- 8:00 a.m. – 8:05 a.m. **Welcome from the Basics Course Chair and Scientific Program Chairs**
Suzie As-Sanie, MD, MPH
University of Michigan
Ann Arbor, MI
Frank Tu, MD, MPH
North Shore University Health System
Evanston, IL
Georgine Lamvu, MD
Advanced Minimally Invasive Surgery and Gynecology
- 8:05 a.m. – 8:45 a.m. **Symptom-Based Evaluation & Management of Chronic Pelvic Pain**
Part 1: Overview of Common Clinical Scenarios
Denniz Zolnoun, MD, MPH
University of North Carolina
Chapel Hill, NC
- 8:45 a.m. – 9:25 a.m. **Symptom-Based Evaluation & Management of Chronic Pelvic Pain**
Part 2: A Focus on Musculoskeletal Contributors
Sarah P. Talley, MSPT
CAWH Physical Therapy
Raleigh, NC
Emily Wegmann, MPT, OCS
CAWH Physical Therapy
Raleigh, NC

Thursday, October 20, 2011

- 9:25 a.m. – 10:10 a.m.** **Symptom-Based Evaluation & Management of Chronic Pelvic Pain
Part 3: Dermatologic Causes & Peripheral Neuropathies**
Elisabeth Johnson, FNP
University of North Carolina
Chapel Hill, NC
- 10:10 a.m. – 10:30 a.m.** **Discussion**
- 10:30 p.m. – 10:50 a.m.** **Break**
- 10:50 a.m. – 11:30 a.m.** **Hormonally-Responsive Sources of Chronic Pelvic Pain**
Fred M. Howard, MD, MS, FACOG
University of Rochester Medical Center
Rochester, NY
- 11:30 a.m. – 12:10 p.m.** **Chronic Abdominal Pain Syndromes: How to Evaluate and Manage
Common GI Symptoms**
Nita Desai, MD
St. Joseph's Hospital and Medical Center
Phoenix, AZ
- 12:10 p.m. – 12:20 p.m.** **Discussion**
- 12:20 p.m. – 1:20 p.m.** **Lunch on Your Own**
- 1:20 p.m. – 2:00 p.m.** **Painful Bladder Syndromes: Tips for Effective Diagnosis and
Treatment**
Nel E. Gerig, MD
The Pelvic Solutions Center
Denver, CO
- 2:00 p.m. – 2:40 p.m.** **Motivating the Patient with Chronic Pain: Overview of Behavioral
Approaches to Managing Pain**
Ellen Flynn, MD
Women's Medicine Collaborative
Providence, RI
Sarah Fox, MD
Woman & Infants' Hospital of Rhode Island
Providence, RI
- 2:40 p.m. – 3:20 p.m.** **Mindfulness Meditation: Demonstration Session**
Ellen Flynn, MD
Women's Medicine Collaborative
Providence, RI
Sarah Fox, MD
Woman & Infants Hospital of Rhode Island
Providence, RI

Thursday, October 20, 2011

- 3:20 p.m. – 3:30 p.m. **Discussion**
- 3:30 p.m. – 3:50 p.m. **Break**
- 3:50 p.m. – 4:30 p.m. **Effective Strategies for Office Management: Top 10 Tips on How to Run a Patient-Centered & Fiscally-Sound Practice**
Amy Rejba Hoffmann, CRNP, MSN
Pelvic and Sexual Health Institute
Philadelphia, PA
- 4:30 p.m. – 5:00 p.m. **Stump the Experts**
Maurice K. Chung, RPh, MD, FACOG, ACGE
Denniz Zolnoun, MD, MPH
Fred M. Howard, MD, MS, FACOG
Amy Stein, MPT, BCB-PMD
- 6:00 p.m. – 9:00 p.m. **IPPS Board of Directors Dinner & Meeting**
Location: Congress Center Level 2: Veronese 2401 A & B

Friday, October 21, 2011

2011 IPPS Annual Fall Meeting on Chronic Pelvic Pain:
Embracing the Mind-Body Continuum to Achieve Optimal Management of Chronic Pelvic Pain Disorders
All sessions will be located in Congress Center Level 1: Casanova 506-7 – 606-7 unless otherwise noted

OPENING SESSION

- 7:00 a.m. – 7:50 a.m. **Continental Breakfast in Exhibit Hall**
Location: Congress Center Level 1: Casanova 602 – 605
- 7:00 a.m. – 4:00 p.m. **Exhibit Hours**
Location: Congress Center Level 1: Casanova 602 – 605
- 7:00 a.m. – 5:00 p.m. **Registration/Information Desk Open**
Location: Congress Center Level 1 Registration
-
- 7:50 a.m. – 8:00 a.m. **Welcome and Announcements**
Georgine Lamvu, MD, MPH, FACOG
Frank Tu, MD, MPH
2011 Program Chairs

Friday, October 21, 2011

- 8:00 a.m. – 8:10 a.m.** **Presidential Address**
Maurice K. Chung, RPh, MD, FACOG, ACGE
Alliances for Women’s Health, Inc.
Midwest Regional Center for Pelvic Pain & Bladder Control
Lima, OH
- 8:10 a.m. – 9:05 a.m.** **James E. Carter Memorial Lecture: Mind Body Influences on IBS as a Model for Understanding Pelvic Pain**
Emeran Mayer, MD
David Geffen School of Medicine & Center for Neurovisceral Sciences & Women’s Health, UCLA
Los Angeles, CA
- 9:05 a.m. – 10:00 a.m.** **Central Correlates of PMDD and Hormonal Responsive Pain**
Andrea Rapkin, MD
David Geffen School of Medicine
Los Angeles, CA
- 10:00 a.m. – 10:40 a.m.** **Break & Poster Viewing in Exhibit Hall**
Location: Congress Center Level 1: Casanova 602 – 605
- 10:40 a.m. – 11:35 a.m.** **Outcomes Scales in Assessment of Pain Syndromes**
James Griffith, PhD
Northwestern University Feinberg School of Medicine
Chicago, IL
- 11:35 a.m. – 12:30 p.m.** **Fascial Research in Chronic Pelvic Pain**
Thomas W. Findley, MD, PhD
Northern New Jersey Pain & Rehabilitation Center
Hackensack, NJ
- | | |
|-------------------------------|---|
| 12:30 p.m. – 2:00 p.m. | Industry Sponsored Lunch*
<i>Lunch can be picked up in the Exhibit Hall</i> |
|-------------------------------|---|
- 2:00 p.m. – 2:55 p.m.** **A Holistic Approach to Urogenital Pain**
Ragi Doggweiler, MD, ABHM
University of Tennessee
Knoxville, TN

Friday, October 21, 2011

- 2:55 p.m. – 3:50 p.m. **Neuroplasticity for the Clinician: How to Treat Pain Using Your Brain**
Alain Watier, MD
University of Sherbrooke
Quebec, Canada
- 3:50 p.m. – 4:10 p.m. **Break & Poster Viewing in Exhibit Hall**
Location: Congress Center Level 1: Casanova 602 – 605
- 4:10 p.m. – 5:05 p.m. **Mechanical Pelvic Pain: The Paradox of Hypermobility and Hypomobility**
Jerry Hesch, MHS, PT
Hesch Institute
Henderson, NV
- 6:00 p.m. – 7:30 p.m. **Welcome Reception & Poster Viewing in Exhibit Hall**
Location: Congress Center Level 1: Casanova 602 – 605

Saturday, October 22, 2011

2011 IPPS Annual Fall Meeting on Chronic Pelvic Pain:

Embracing the Mind-Body Continuum to Achieve Optimal Management of Chronic Pelvic Pain Disorders
All sessions will be located in Congress Center Level 1: Casanova 506-7 – 606-7 unless otherwise noted

OPENING SESSION

- 7:00 a.m. – 7:50 a.m. **Continental Breakfast in Exhibit Hall**
Location: Congress Center Level 1: Casanova 602 – 605
- 7:00 a.m. – 1:45 p.m. **Exhibit Hours**
Location: Congress Center Level 1: Casanova 602 – 605
- 7:00 a.m. – 5:00 p.m. **Registration/Information Desk Open**
Location: Congress Center Level 1 Registration

-
- 7:50 a.m. – 8:00 a.m. **Welcome and Announcements**
Georgine Lamvu, MD, MPH, FACOG
Frank Tu, MD, MPH
2011 Program Chairs
- 8:00 a.m. – 8:55 a.m. **C. Paul Perry Memorial Lecture: Surgical Treatment of Endometriosis**
Charles H. Koh, MD, FRCOG, FACOG
Reproductive Specialty Center
Milwaukee, WI

Saturday, October 22, 2011

- 8:55 a.m. – 9:50 a.m.** **Multisystem Dysregulation as a Unifying Causal Mechanism in Pelvic Pain**
C. Richard Chapman, PhD
University of Utah
Salt Lake City, UT
- 9:50 a.m. – 10:35 a.m.** **Break in Exhibit Hall**
Location: Congress Center Level 1: Casanova 602 – 605
- 10:35 a.m. – 11:30 a.m.** **Environmental Factors and Etiology of Endometriosis/Pelvic Pain**
C. Matthew Peterson, MD
University of Utah
Salt Lake City, UT
- 11:30 a.m. – 12:25 p.m.** **Pelvic Pain – Management with Intramuscular Manual Therapy (IMT) Trigger Point Dry Needling of the Pelvic Floor**
Dawn Sandalcidi, PT, RCMT, BCB-PMD
Physical Therapy Specialists
Centennial, CO
Nel E. Gerig, MD
The Pelvic Solutions Center
Denver, CO
- 12:25 p.m. – 2:00 p.m.** **Lunch Provided in Exhibit Hall**
SURFF Surgical Video Presentations
Location: General Session Room
Moderator: Michael Hibner, MD, PhD
 St. Joseph’s Hospital & Medical Center
 Phoenix, AZ
- 2:00 p.m. – 2:55 p.m.** **Diagnosing Pudendal Neuralgia – Insights from Plastic Surgery**
A. Lee Dellon, MD, PhD
Johns Hopkins University
Baltimore, MD
- 2:55 p.m. – 3:50 p.m.** **Diagnosis and Management of Sexual Pain: Is the Pain Sexual or is the Sex Painful?**
Yitzchak M. Binik, PhD
McGill University
Montreal, PQ, Canada
- 3:50 p.m. – 4:05 p.m.** **Meeting Awards**
- 4:05 p.m. – 4:20 p.m.** **Closing Remarks**
- 4:20 p.m. – 4:50 p.m.** **Annual Business Meeting**

Sunday, October 23, 2011

Physical Therapy Workshop

Biomechanical Evaluation & Treatment Considerations for Patients with Pelvic Pain

Location: UNLV Campus

A Combination Lecture/Lab

Presented By: Jerry Hesch, MHS, PT

Co-Chairs: Stephanie Prendergast, MPT
Pelvic Health and Rehabilitation Center
San Francisco, CA
Amy Stein, MPT, BCI-PMD
Beyond Basics Physical Therapy
New York, NY

Local Chair: Tina Baum, PT, ATC, CLT
Tina L. Baum Physical Therapy
Las Vegas, NV

Workshop Description

The Hesch Method offers an innovative approach to resolving mechanical pelvic girdle dysfunction. This seminar demystifies this complex topic by utilizing a variety of media including a printed handout, a PowerPoint presentation with anatomical and biomechanical slides and various kinesthetic and visual teaching tools including large and small flexible pelvises, axes to visualize motion, disarticulated pelvises and Hesch Spring Testing devices to demonstrate normal load and normal spring test and hyper/hypo-mobility. A few patterns of postural and motion dysfunction within the pelvic, hip, sacroiliac and symphysis pubis will be presented, focusing on the more severe patterns that can enhance pudendal neuralgia, coccydynia and provoke adverse mechanical tension and compression on the sacral neural pathways.

7:30 a.m. – 8:00 a.m.	Registration/Refreshments
8:00 a.m. – 8:30 a.m.	Introduction/Overview
8:30 a.m. – 9:15 a.m.	PowerPoint Theory: Anatomy, Biomechanics, Evaluation and Treatment
9:15 a.m. – 9:45 a.m.	Lab Evaluation Using Pelvic Models
9:45 a.m. – 10:00 a.m.	Evaluation with Lab Partner
10:00 a.m. – 10:15 a.m.	Break
10:15 a.m. – 11:00 a.m.	Lab Continued
11:00 a.m. – 12:00 p.m.	Treatment Lab with Models and Lab Partners

Disclaimer Statement

Statements, opinions and results of studies contained in the program and abstracts are those of the presenters/authors and do not reflect the policy or position of the IPPS nor does the IPPS provide any warranty as to their accuracy or reliability.

Every effort has been made to faithfully reproduce the abstracts as submitted. However, no responsibility is assumed by the IPPS for any injury and/or damage to persons or property from any cause including negligence or otherwise, or from any use or operation of any methods, products, instruments, or ideas contained in the material herein.