



**Basics Course for General Gynecologists,
Physical Therapists, Nurses and Residents**

Thursday, October 17, 2013
Hyatt Regency Orlando
Orlando, Florida

2013 IPPS Annual Fall Meeting on Pelvic Pain

October 18 – 19, 2013
Hyatt Regency Orlando
Orlando, Florida

**IPPS Post-Conference Course for MDs, PTs
and Allied Health Professionals:
*Movement System Approach: Hip and SIJ
Diagnosis and Treatment***

Sunday, October 20, 2013
Hyatt Regency Orlando
Orlando, Florida

*Featuring guest lecturer Tracy Spitznagle,
PT, DPT, WCS*

**PROGRAM
BOOK**

Program Committee:

Frank Tu, MD, MPH (Committee Chair)
Sawsan As-Sanie, MD, MPH (Co-Chair)
Juan Diego Villegas Echeverri, MD
Sarah Fox, MD
Fred Howard, MD, MS, FACOG
Georgine Lamvu, MD, MPH, FACOG
Stephanie Prendergast, MPT
Amy Stein, MPT, BCB-PMD, IF



**INTERNATIONAL PELVIC PAIN SOCIETY
2013 IPPS Annual Fall Meeting on Pelvic Pain
October 18 – 19, 2013 • Orlando, Florida**



IPPS President Stephanie Prendergast, MPT, welcomes you to the 2013 IPPS Annual Fall Meeting on Pelvic Pain.

PROGRAM CHAIRS



Frank Tu, MD, MPH



Sawsan As-Sanie, MD, MPH

	THURSDAY, OCTOBER 17
7:00 a.m. – 5:00 p.m.	Registration/Information Desk Open <i>Location: Orlando Foyer</i>
7:00 a.m. – 8:00 a.m.	Breakfast <i>Location: Orlando Foyer</i>
10:00 a.m. – 6:30 p.m.	Exhibit Hall Open <i>Location: Plaza International I & J</i>
8:00 a.m. – 8:30 a.m.	Introduction to the Physiology of Chronic Pain
8:30 a.m. – 9:10 a.m.	Evaluation of CPP: Essential Elements of the History & Gyn Exam
9:10 a.m. – 10:10 a.m.	Evaluation and Treatment of Musculoskeletal Causes of CPP
10:10 a.m. – 10:25 a.m.	Discussion
10:25 a.m. – 10:45 a.m.	Break in Exhibit Hall <i>Location: Plaza International I & J</i>
10:45 a.m. – 11:30 a.m.	Diagnosis and Treatment of Endometriosis and Other Utero-Ovarian Causes of CPP
11:30 a.m. – 12:05 p.m.	Diagnosis and Treatment of Vulvar Pain
12:05 p.m. – 12:20 p.m.	Discussion
12:20 p.m. – 1:20 p.m.	Lunch on Your Own
1:20 p.m. – 2:00 p.m.	Diagnosis and Treatment of Abdominal and Pelvic Peripheral Neuropathies
2:00 p.m. – 2:30 p.m.	Diagnosis and Treatment of Urologic Causes of CPP
2:30 p.m. – 3:05 p.m.	Diagnosis and Treatment of Functional Bowel Disorders
3:05 p.m. – 3:20 p.m.	Discussion
3:20 p.m. – 3:40 p.m.	Break in Exhibit Hall <i>Location: Plaza International I & J</i>
3:40 p.m. – 4:20 p.m.	Medical and Behavioral Therapies for Chronic Pain
4:20 p.m. – 4:50 p.m.	Psychological Aspects of Living with CPP: Evaluation and Treatment of Comorbid Anxiety and Depression
4:50 p.m. – 5:00 p.m.	Discussion
5:00 p.m. – 6:30 p.m.	Welcome Reception
6:30 p.m. – 9:30 p.m.	IPPS Board of Directors' Meeting

	FRIDAY, OCTOBER 18
7:00 a.m. – 5:00 p.m.	Registration/Information Desk Open <i>Location: Orlando Foyer</i>
7:00 a.m. – 8:00 a.m.	Breakfast in Exhibit Hall <i>Location: Plaza International I & J</i>
7:00 a.m. – 4:00 p.m.	Exhibit Hall Open <i>Location: Plaza International I & J</i>
7:50 a.m. – 7:55 a.m.	Welcome and Announcements
7:55 a.m. – 8:00 a.m.	Presidential Address
8:00 a.m. – 8:50 a.m.	C. Paul Perry Memorial Lecture: Synergy: A Multidisciplinary Approach to Caring for Women with Chronic Pelvic Pain
8:50 a.m. – 9:40 a.m.	Psychological Influences on Pain and Perception: General Review and Implications for Patients with Pelvic Pain
9:40 a.m. – 9:50 a.m.	Q&A
9:50 a.m. – 10:40 a.m.	Break & Poster Viewing in Exhibit Hall
10:40 a.m. – 11:30 a.m.	Sex Differences in Chronic Pain, in Relation to Abdominal and Pelvic Pain Symptoms
11:30 a.m. – 11:50 a.m.	Short Lecture 1: Endometriosis and Neurotrophic Factors
11:50 a.m. – 12:00 p.m.	Q&A
12:00 p.m. – 1:30 p.m.	Lunch Breakouts <i>Location: Plaza International K</i>
12:00 p.m. – 1:30 p.m.	Lunch on Own
1:30 p.m. – 2:20 p.m.	Evaluation and Management of Chronic Constipation
2:20 p.m. – 3:10 p.m.	Interventional Modalities for the Diagnosis and Treatment of Chronic Pelvic Pain
3:10 p.m. – 3:40 p.m.	Break & Poster Viewing in Exhibit Hall
3:40 p.m. – 4:00 p.m.	Short Lecture 2: Update on Bladder Pain
4:00 p.m. – 4:20 p.m.	Short Lecture 3: Musculoskeletal Pain Mechanisms (Emphasis of Visceral Massage)
4:20 p.m. – 4:40 p.m.	Q&A
6:00 p.m. – 9:00 p.m.	Fundraising Party

SATURDAY, OCTOBER 19	
6:15 a.m. – 7:15 a.m.	Yoga Class <i>Location: Terrace Pool Deck</i>
7:00 a.m. – 5:30 p.m.	Registration/Information Desk Open <i>Location: Orlando Foyer</i>
7:00 a.m. – 8:00 a.m.	Breakfast in Exhibit Hall <i>Location: Plaza International I & J</i>
7:00 a.m. – 3:30 p.m.	Exhibit Hall Open <i>Location: Plaza International I & J</i>
7:50 a.m. – 8:00 a.m.	Welcome and Announcements
8:00 a.m. – 8:50 a.m.	James E. Carter Memorial Lecture: Basics of Pain Processing Mice are People Too: Social Modulation of and by Pain in Laboratory Rodents and Humans
8:50 a.m. – 9:40 a.m.	2D Ultrasound in Urological Chronic Pelvic Pain Syndromes (UCPPS)
9:40 a.m. – 9:50 a.m.	Q&A
9:50 a.m. – 10:20 a.m.	Break in Exhibit Hall <i>Location: Plaza International I & J</i>
10:20 a.m. – 11:10 a.m.	Surgical Management of Advanced Endometriosis
11:10 a.m. – 12:00 p.m.	Pelvic Pain of Bladder Origin: Current Thoughts on Diagnosis and Management of Interstitial Cystitis/ Painful Bladder Syndrome
12:00 p.m. – 12:10 p.m.	Q&A
12:10 p.m. – 1:10 p.m.	Lunch on Own
1:10 p.m. – 2:00 p.m.	Vulvodynia Registry
2:00 p.m. – 2:50 p.m.	Course of Abdominal Pain from Childhood into Adulthood
2:50 p.m. – 3:00 p.m.	Q&A
3:00 p.m. – 3:30 p.m.	Break in Exhibit Hall
3:30 p.m. – 4:20 p.m.	Translational Research Insights: Mechanisms Underlying Urogenital Pain Syndromes in Women – What are the Clinical Implications?
4:20 p.m. – 4:30 p.m.	Q&A
4:30 p.m. – 4:45 p.m.	Meeting Awards
4:45 p.m. – 5:00 p.m.	Closing Remarks
5:00 p.m. – 5:30 p.m.	Annual Business Meeting

	SUNDAY, OCTOBER 20
7:00 a.m. – 3:00 p.m.	Registration/Information Desk Open <i>Location: Barrel Spring Foyer</i>
7:00 a.m. – 8:00 a.m.	Breakfast <i>Location: Barrel Spring Foyer</i>
8:00 a.m. – 9:00 a.m.	Movement System Impairment Syndromes: Theory
9:00 a.m. – 10:00 a.m.	Pelvic Pain Related Movement Impairment Syndromes: Case Examples Hip and SIJ
10:00 a.m. – 10:15 a.m.	Break
10:15 a.m. – 11:15 a.m.	Lab: Full Examination
11:15 a.m. – 12:15 p.m.	Lab: Movement Examination Standing, Sitting & Supine
12:15 p.m. – 12:45 p.m.	Light Lunch
12:45 p.m. – 1:45 p.m.	Lab: Movement Examination Prone, Side lying, and Quadruped
1:45 p.m. – 2:45 p.m.	Lab: Treatment Practice
2:45 p.m. – 3:00 p.m.	Questions on Examination and Treatment

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2013 IPPS Annual Fall Meeting on Pelvic Pain

Course Description

The 2013 IPPS Annual Fall Meeting on Chronic Pelvic Pain has been designed to provide a thorough overview on the evaluation and management of chronic pelvic pain disorders. The meeting emphasizes the multidisciplinary and collaborative approach to the management of chronic pelvic pain. Presentations will combine research findings and clinical care recommendations important to the care of women and men afflicted by chronic pelvic pain. For providers who need a more broad understanding of musculoskeletal, neurological, and visceral causes of pelvic pain, and available multidimensional treatments, additional workshops will provide a more basic overview of the evaluation of chronic pelvic pain.

Target Audience

Gynecologists, physical therapists, urologists, primary care physicians, nurses, surgeons, pain management physicians, psychologists, neurologists, and basic science researchers.

Needs Statement

It is known that millions of patients suffer with disorders that cause chronic pelvic pain (CPP). The social, psychological and financial costs associated with treatments of these disorders are enormous. Yet, less than 10% of patients are receiving care from a provider trained in management of chronic pain disorders. Many patients endure being misdiagnosed or receiving inappropriate treatment because of the practitioner's lack of knowledge on this subject. Unless practitioners and researchers are educated about factors that affect patient care, treatment outcomes, and research in chronic pelvic pain disorders, it is likely that patients with chronic pelvic pain will continue to lack appropriate treatment in the future. Furthermore, without exchange of clinical and research information across all disciplines encompassing the treatment of chronic pelvic pain, advances in treatment options for these patients will not be possible. Recently, a study was published stating that less than 10% of medical students are prepared to treat pain patients when graduating from medical school.

Course Objectives

At the completion of this course, attendees should be able to:

- Identify principal somatic and visceral etiologies for pelvic pain.
- Construct a complete history and physical examination for diagnosing relevant factors in pelvic pain presentation.
- Recognize the availability of pharmacological, procedural, and mind-centered techniques for treatment of pelvic pain.
- Describe evidence-based determination of pelvic pain diagnoses.
- Identify evidence-based medical and physical therapy treatment techniques for CPP.
- Review evidence-based management strategies that will be immediately applicable in the clinic.
- Describe at least one benefit of a multidisciplinary approach to caring for a woman with CPP.
- Identify specialists/members of a multidisciplinary team needed to provide care for women with CPP.
- Describe the central nervous system changes that occur in many chronic pain states.
- Identify CNS changes that occur in many parts of the brain.
- Recognize that some CNS changes related to CPP are reversible.

- Accurately describe sex differences in pain and their implications for understanding abdominal and pelvic pain conditions.
- Describe the primary psychological processes involved with conversion of nociceptive input into pain.
- Identify theoretical models used to demonstrate how psychological factors can lead to the development of chronic pain syndromes.
- Identify key evidence supporting psychologically informed practice in CPP.
- Recognize changes in somatic pain and visceral function that can occur following manual manipulation of the abdominal viscera.
- Interpret scientific literature on interstitial cystitis/bladder pain syndrome.
- Review the major concepts of pain neurobiology involved in the development of vulvodynia.
- Identify a standardized methodology for evaluation and management of patients with vulvodynia.
- Review the literature on current vulvodynia research.
- Review initial results obtained from the NVA-sponsored vulvodynia registry.
- Use the proper test sequence for the appropriate constipation evaluation.
- Assess pelvic floor dysfunction.
- Describe the impact of social communication on pain in laboratory mice, and its translation to humans.
- Identify the effect of pain on social interactions in laboratory mice.
- Explain a recently uncovered confound of existing rodent (and potentially human) pain studies related to experimenter-subject interactions.
- Explain basic interventional modalities for the diagnosis and treatment of CPP.
- Identify CPP patients who may benefit from diagnostic/therapeutic interventional modalities.
- Describe the role of interventional modalities as a tool within the multi-disciplinary management of CPP.
- Identify the pathophysiological mechanisms of chronic urological and gynecological pain based on basic science and clinical research studies.
- Recognize complex medical conditions with multiple pain co-morbidities in patients presenting with chronic urogenital pain.
- Identify safe surgical strategies for management of advanced endometriosis.
- Review evidence of early abnormalities in pain processing among children with functional abdominal pain.
- Review the role of parental strategies and communication in how children express abdominal pain symptoms.
- Recognize interstitial cystitis/painful bladder syndrome when evaluating patients with chronic pelvic pain.
- Realize that IC/PBS is a very common but frequently overlooked source of pelvic pain in men and women.
- Create a multimodal treatment plan to manage patients with chronic pelvic pain.

Sunday, October 20, 2013

IPPS Post-Course

Movement System Approach: Hip and SIJ Diagnosis and Treatment

Needs

Musculoskeletal Chronic pelvic pain (MSCPP) is a common but poorly understood condition. Many healthcare providers, including physical therapists, are unaware of how to adequately examine movement and subsequently cluster the impairments found on movement examination to aid in guidance of the treatment of MSCPP. In this continuing education course, the participant will be exposed to movement diagnosis and treatment as it applies to the signs and symptoms of the lumbar, hip, and pelvic girdle impairments associated with pelvic pain. Selection and performance of corrective exercises based on the results of the examination will be taught. Intervention will focus on the ability to facilitate correct movement and exercise performance. Correlations will be made throughout the course to facilitate the treatment of individuals with musculoskeletal pelvic pain.

Educational Objectives

At the completion of this course, attendees should be able to:

- Describe concepts of muscle length, strength, and movement patterns as they relate to pain syndromes of the lumbo-pelvic region.
- Describe the concepts of relative flexibility and motor control impairments as they relate to motions of the hip and lumbo-pelvic region.
- Recognize common movement impairments of the hip and lumbo-pelvic region.
- Recognize movement impairment syndromes associated with painful conditions of the hip and lumbo-pelvic region.
- Perform movement tests commonly related to movement impairment syndromes of the lumbo-pelvic region.
- Diagnose a corrective exercise program based on the results of a specific movement examination for the hip and lumbo-pelvic region spine.

Accreditation Statement

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education through the joint sponsorship of the American College of Legal Medicine and the International Pelvic Pain Society. The American College of Legal Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The American College of Legal Medicine designates this live activity for a maximum of **26.00 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Conflict Resolution Statement

The American College of Legal Medicine CME Office has reviewed this activity's speaker and planner disclosures and resolved all identified conflicts of interest, if applicable.

General Disclaimer

The statements and opinions contained in this program are solely those of the individual or services advertised or of their effectiveness, quality, or safety. The content of this publication may contain discussion of off-label uses of some of the agents mentioned. Please consult the prescribing information for full disclosure of approved uses. The International Pelvic Pain Society disclaims responsibility for any injury to persons or property resulting from any ideas or products referred to in the abstracts or advertisements.

Special Assistance

We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us better serve you. Call (847) 517-7225 if you require special assistance to fully participate in the meeting.

Nurse Practitioner Accreditation (AANP)

The 2013 IPPS Annual Fall Meeting on Pelvic Pain is approved for 26 contact hours of continuing education by the American Association of Nurse Practitioners. Program ID 1309371. This program was planned in accordance with AANP CE Standards and Policies and AANP Commercial Support Standards.

Physical Therapy Accreditation**FPTA Accreditation**

The course titled 2013 IPPS Annual Fall Meeting on Pelvic Pain for International Pelvic Pain Society has been approved by the Florida Board of Physical Therapy Practice for 26.00 hours. FPTA Approval Number: CE131021107/CE Broker# 20-401369.

Attendees who reside in a state other than Illinois or Florida should inquire with their state board regarding acceptance of Illinois or Florida accreditation.

IPTA Accreditation

The Illinois Chapter Continuing Education Committee has approved this course according to the Criteria for Approval of Continuing Education offerings established by the Illinois Physical Therapy Association. The 2013 IPPS Annual Fall Meeting on Pelvic Pain has been accredited for a maximum of 26.00 Continuing Education hours.

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Filming/Photography Statement

No attendee/visitor at the IPPS 2013 annual meeting may record, film, tape, photograph, interview, or use any other such media during any presentation, display, or exhibit without the express, advance approval of the IPPS Executive Director. This policy applies to all IPPS members, non-members, guests, and exhibitors, as well as members of the print, online, or broadcast media.

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Platinum Level

Advanced Minimally Invasive
Surgery & Gynecology Specialists

Thank You to Our 2013 Exhibitors

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EMH Physical Therapy
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Interstitial Cystitis Association
Neogyn, Inc.
Pelvic Floor Centers of America, LLC
University Compounding Pharmacy

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Educational Grant Providers**

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Olympus America, Inc.

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Stephanie Prendergast, MPT

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Past President

Georgine Lamvu, MD, MPH

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John C. Slocumb, MD, SMH

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Executive Director

Wendy J. Weiser

Associate Director

Pam Murphy

IPPS Annual Meeting on Pelvic Pain Faculty Listing

Arnold Advincula, MD, FACOG, FACS

The Center for Specialized Gynecology
Celebration, FL

Erin Carey, MD

University of North Carolina –Chapel Hill
Chapel Hill, NC

Donna Carrico, WHNP, MS

Beaumont Women's Urology Center
Royal Oak, MI

Thomas Chelimsky, MD

Medical College of Wisconsin
Milwaukee, WI

Nita Desai, MD

Dignity Health
Phoenix, AZ

Robert J. Evans, MD

Wake Forest University
Winston-Salem, NC

Bradford Fenton, MD, PhD

Summa Physicians, Inc.
Akron, OH

Jessica Feranec, MD, FACOG

Advanced Minimally Invasive Surgery and
Gynecology Specialists
Orlando, FL

Roger Fillingim, PhD

University of Florida
Gainesville, FL

Sarah Fox, MD

Women & Infant Hospital
Providence, RI

Steve George, PT, PhD

University of Florida
Gainesville, FL

Dee Hartmann, PT, DPT

Dee Hartmann Physical Therapy
Chicago, IL

Maryam Kashi, DO

Florida Hospital
Orlando, FL

Henry Lai, MD

Washington University
St. Louis, MO

Georgine Lamvu, MD, MPH, FACOG

Advanced Minimally Invasive Surgery and
Gynecology
Orlando, FL

Sergio Larach, MD

Center for Colon/Rectal Surgery
Orlando, FL

Richard Marvel, MD

The Center For Pelvic Pain of Annapolis
Annapolis, MD

Jeffrey S. Mogil, PhD

McGill University
Montreal, Canada

Anand Patel

Lehigh University
Orlando, FL

Stephanie Prendergast, MPT

Pelvic Health and Rehabilitation Center
Los Gatos, CA

Tracy Sher, MPT, CSCS

Florida Hospital Sports Medicine and
Rehabilitation
Orlando, FL

Devon Shuchman, MD

APM & R
Ypsilanti, MI

Tracy Spitznagle, PT, DPT, WCS

Washington University
St. Louis, MO

John Steege, MD

University of North Carolina
Chapel Hill, NC

Frank Tu, MD, MPH

North Shore University Health System
Evanston, IL

Christin Veasley

National Vulvodynia Association
Silver Spring, MD

Lynn Walker, PhD

Vanderbilt Medical Center
Nashville, TN

Ursula Wesselmann, MD, PhD

University of Alabama
Birmingham, AL

Amanda Yunker, DO

Vanderbilt Medical Center
Nashville, TN

2013 IPPS Annual Fall Meeting Program Schedule

All sessions will be located in the Orlando Ballroom M & N unless otherwise noted
Speakers and times are subject to change

Thursday, October 17, 2013

Basics Course for General Gynecologists, Physical Therapists, Nurses as well as Trainees.

7:00 a.m. – 5:00 p.m. **Registration/Information Desk Open**
Location: Orlando Foyer

7:00 a.m. – 8:00 a.m. **Breakfast**
Location: Orlando Foyer

10:00 a.m. – 6:30 p.m. **Exhibit Hall Open**
Location: Plaza International I & J

8:00 a.m. – 8:30 a.m. **Introduction to the Physiology of Chronic Pain**
Thomas Chelimsky, MD
*Medical College of Wisconsin
Milwaukee, WI*

8:30 a.m. – 9:10 a.m. **Evaluation of CPP: Essential Elements of the History & Gyn Exam**
Richard Marvel, MD
*The Center For Pelvic Pain of Annapolis
Annapolis, MD*

9:10 a.m. – 10:10 a.m. **Evaluation and Treatment of Musculoskeletal Causes of CPP**
Tracy Sher, MPT, CSCS
*Florida Hospital Sports Medicine and Rehabilitation
Orlando, FL*
Devon Shuchman, MD
*APM & R
Ypsilanti, MI*

10:10 a.m. – 10:25 a.m. **Discussion**

10:25 a.m. – 10:45 a.m. **Break in Exhibit Hall**
Location: Plaza International I & J

Thursday, October 17, 2013

- 10:45 a.m. – 11:30 a.m. **Diagnosis and Treatment of Endometriosis and Other Utero-Ovarian Causes of CPP**
John Steege, MD
*University of North Carolina
Chapel Hill, NC*
- 11:30 a.m. – 12:05 p.m. **Diagnosis and Treatment of Vulvar Pain**
Jessica Feranec, MD, FACOG
*Advanced Minimally Invasive Surgery and Gynecology Specialists
Orlando, FL*
- 12:05 p.m. – 12:20 p.m. **Discussion**
- 12:20 p.m. – 1:20 p.m. **Lunch on Your Own**
- 1:20 p.m. – 2:00 p.m. **Diagnosis and Treatment of Abdominal and Pelvic Peripheral Neuropathies**
Nita Desai, MD
*Dignity Health
Phoenix, AZ*
- 2:00 p.m. – 2:30 p.m. **Diagnosis and Treatment of Urologic Causes of CPP**
Amanda Yunker, DO
*Vanderbilt Medical Center
Nashville, TN*
- 2:30 p.m. – 3:05 p.m. **Diagnosis and Treatment of Functional Bowel Disorders**
Maryam Kashi, DO
*Florida Hospital
Orlando, FL*
- 3:05 p.m. – 3:20 p.m. **Discussion**
- 3:20 p.m. – 3:40 p.m. **Break in Exhibit Hall**
Location: Plaza International I & J
- 3:40 p.m. – 4:20 p.m. **Medical and Behavioral Therapies for Chronic Pain**
Erin Carey, MD
*University of North Carolina –Chapel Hill
Chapel Hill, NC*
- 4:20 p.m. – 4:50 p.m. **Psychological Aspects of Living with CPP: Evaluation and Treatment of Comorbid Anxiety and Depression**
Sarah Fox, MD
*Women & Infant Hospital
Providence, RI*

Thursday, October 17, 2013

- 4:50 p.m. – 5:00 p.m. **Discussion**
- 5:00 p.m. – 6:30 p.m. **Welcome Reception**
Location: Plaza International I & J
- 6:30 p.m. – 9:30 p.m. **IPPS Board of Directors Meeting**
Location: Winter Park 54

Friday, October 18, 2013

IPPS Annual Fall Meeting on Pelvic Pain

- 7:00 a.m. – 5:00 p.m. **Registration/Information Desk Open**
Location: Orlando Foyer
- 7:00 a.m. – 8:00 a.m. **Breakfast in Exhibit Hall**
Location: Plaza International I & J
- 7:00 a.m. – 4:00 p.m. **Exhibit Hall Open**
Location: Plaza International I & J
-
- 7:50 a.m. – 7:55 a.m. **Welcome and Announcements**
Frank Tu, MD, MPH
*North Shore University Health System
Evanston, IL*
2013 Program Chair
- 7:55 a.m. – 8:00 a.m. **Presidential Address**
Stephanie Prendergast, MPT
*Pelvic Health and Rehabilitation Center
Los Gatos, CA*
- 8:00 a.m. – 8:50 a.m. **C. Paul Perry Memorial Lecture:**
Synergy: A Multidisciplinary Approach to Caring for Women with Chronic Pelvic Pain
Donna Carrico, WHNP, MS
*Beaumont Women's Urology Center
Royal Oak, MI*
- 8:50 a.m. – 9:40 a.m. **Psychological Influences on Pain Perception: General Review and Implications for Patients with Pelvic Pain**
Steve George, PT, PhD
*University of Florida
Gainesville, FL*

Friday, October 18, 2013

- 9:40 a.m. – 9:50 a.m. **Q&A**
- 9:50 a.m. – 10:40 a.m. **Break & Poster Viewing in Exhibit Hall**
- 10:40 a.m. – 11:30 a.m. **Sex Differences in Chronic Pain, in Relation to Abdominal and Pelvic Pain Symptoms**
Roger Fillingim, PhD
University of Florida
Gainesville, FL
- 11:30 a.m. – 11:50 a.m. **Short Lecture 1: Endometriosis and Neurotrophic Factors**
Bradford Fenton, MD, PhD
Summa Physicians, Inc.
Akron, OH
- 11:50 a.m. – 12:00 p.m. **Q&A**
- 12:00 p.m. – 1:30 p.m. **Lunch Breakouts**
Location: Plaza International K
- 12:00 p.m. – 1:30 p.m. **Lunch on Own**
- 1:30 p.m. – 2:20 p.m. **Evaluation and Management of Chronic Constipation**
Sergio Larach, MD
Center for Colon/Rectal Surgery
Orlando, FL
- 2:20 p.m. – 3:10 p.m. **Interventional Modalities for the Diagnosis and Treatment of Chronic Pelvic Pain**
Anand Patel
Lehigh University
Orlando, FL
- 3:10 p.m. – 3:40 p.m. **Break & Poster Viewing in Exhibit Hall**
- 3:40 p.m. – 4:00 p.m. **Short Lecture 2: Update on Bladder Pain**
Henry Lai, MD
Washington University
St. Louis, MO
- 4:00 p.m. – 4:20 p.m. **Short Lecture 3: Musculoskeletal Pain Mechanisms (Emphasis on Visceral Massage)**
Dee Hartmann, PT, DPT
Dee Hartmann Physical Therapy
Chicago, IL

Friday, October 18, 2013

- 4:20 p.m. – 4:40 p.m. **Q&A**
- 6:00 p.m. – 9:00 p.m. **Fundraising Event**
Opa Taverna
Pointe Orlando
9101 International Drive
Suite Number: 2240
2nd Level of Pointe Orlando
Orlando, Florida 32819

Saturday, October 19, 2013

IPPS Annual Fall Meeting on Pelvic Pain

- 6:15 a.m. – 7:15 a.m. **Yoga Class**
Location: Terrace Pool Deck
- 7:00 a.m. – 5:30 p.m. **Registration/Information Desk Open**
Location: Orlando Foyer
- 7:00 a.m. – 8:00 a.m. **Breakfast in Exhibit Hall**
Location: Plaza International I & J
- 7:00 a.m. – 3:30 p.m. **Exhibit Hall Open**
Location: Plaza International I & J
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- 7:50 a.m. – 8:00 a.m. **Welcome and Announcements**
Frank Tu, MD, MPH
North Shore University Health System
Evanston, IL
2013 Program Chair
- 8:00 a.m. – 8:50 a.m. **James E. Carter Memorial Lecture: Basics of Pain Processing – Mice are People Too: Social Modulation of and by Pain in Laboratory Rodents and Humans**
Jeffrey S. Mogil, PhD
McGill University
Montreal, Canada
- 8:50 a.m. – 9:40 a.m. **2D Ultrasound in Urological Chronic Pelvic Pain Syndromes (UCPPS)**
Tracy Spitznagle, PT, DPT, WCS
Washington University
St. Louis, MO
- 9:40 a.m. – 9:50 a.m. **Q&A**

Saturday, October 19, 2013

- 9:50 a.m. – 10:20 a.m.** **Break in Exhibit Hall**
Location: Plaza International I & J
- 10:20 a.m. – 11:10 a.m.** **Surgical Management of Advanced Endometriosis**
Arnold Advincula, MD, FACOG, FACS
*The Center for Specialized Gynecology
Celebration, FL*
- 11:10 a.m. – 12:00 p.m.** **Pelvic Pain of Bladder Origin: Current Thoughts on Diagnosis and Management of Interstitial Cystitis/Painful Bladder Syndrome**
Robert J. Evans, MD
*Wake Forest University
Winston-Salem, NC*
- 12:00 p.m. – 12:10 p.m.** **Q&A**
- 12:10 p.m. – 1:10 p.m.** **Lunch on Your Own**
- 1:10 p.m. – 2:00 p.m.** **Vulvodynia Registry**
Georgine Lamvu, MD, MPH, FACOG
*Advanced Minimally Invasive Surgery and Gynecology
Orlando, FL*
Christin Veasley
*National Vulvodynia Association
Silver Spring, MD*
- 2:00 p.m. – 2:50 p.m.** **Course of Abdominal Pain from Childhood into Adulthood**
Lynn Walker, PhD
*Vanderbilt Medical Center
Nashville, TN*
- 2:50 p.m. – 3:00 p.m.** **Q&A**
- 3:00 p.m. – 3:30 p.m.** **Break in Exhibit Hall**
Location: Plaza International I & J
- 3:30 p.m. – 4:20 p.m.** **Translational Research Insights: Mechanisms Underlying Urogenital Pain Syndromes in Women – What are the Clinical Implications?**
Ursula Wesselmann, MD, PhD
*University of Alabama
Birmingham, AL*
- 4:20 p.m. – 4:30 p.m.** **Q&A**
- 4:30 p.m. – 4:45 p.m.** **Meeting Awards**

Saturday, October 19, 2013

- 4:45 p.m. – 5:00 p.m. Closing Remarks
- 5:00 p.m. – 5:30 p.m. Annual Business Meeting

Sunday, October 20, 2013

IPPS Post-Conference Course

All sessions will be located in Barrel Spring unless otherwise noted

Movement System Approach: Hip and SIJ Diagnosis and Treatment

Tracy M. Spitznagle, PT, DPT, WCS
*Washington University School of Medicine
St. Louis, MO*

- 7:00 a.m. – 3:00 p.m. **Registration/ Information Desk Open**
Location: Barrel Spring Foyer
- 7:00 a.m. – 8:00 a.m. **Breakfast**
Location: Barrel Spring Foyer
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- 8:00 a.m. – 9:00 a.m. **Movement System Impairment Syndromes: Theory**
- 9:00 a.m. – 10:00 a.m. **Pelvic Pain Related Movement Impairment Syndromes: Case Examples Hip and SIJ**
- 10:00 a.m. – 10:15 a.m. **Break**
- 10:15 a.m. – 11:15 a.m. **Lab: Full Examination**
- 11:15 a.m. – 12:15 p.m. **Lab: Movement Examination Standing, Sitting, & Supine**
- 12:15 p.m. – 12:45 p.m. **Light Lunch**
- 12:45 p.m. – 1:45 p.m. **Lab: Movement Examination Prone, Side Lying, and Quadruped**
- 1:45 p.m. – 2:45 p.m. **Lab: Treatment Practice**
- 2:45 p.m. – 3:00 p.m. **Questions on Examination and Treatment**